



Fluoride From The Start

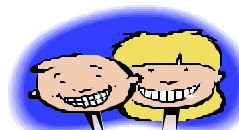


The **BEST** way to protect children from tooth decay is to **STOP** it before it starts!

No doubt about it **FLUORIDE** is your child's best friend when it comes to building strong, healthy, beautiful teeth for a lifetime.



Even a new baby needs **FLUORIDE** because down under those tiny gums there's a regular little tooth factory busy making two sets of teeth-the baby teeth and the adult (permanent) teeth. Even though you won't see some of them for years, **FLUORIDE** starts making those teeth strong- long before they come through the gums.

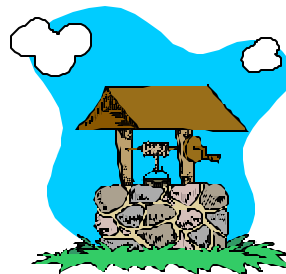


Children who drink water with **FLUORIDE** in it have up to 50% less tooth decay than children who don't do – and the benefits last a lifetime. But many babies and pre-school children don't have drinking water with **FLUORIDE** in it at home.

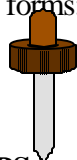
Their drinking water may come from a



Or from a



And the water from wells and cisterns may **NOT** have enough natural **FLUORIDE** in it to give your children the protection they need. That's why your babies and young children up to age 6 may need a **FLUORIDE SUPPLEMENT**. The supplement comes in two forms:



DROPS

for babies, six months and older,
and children up to age 3



CHEWABLE TABLETS

for children from 3 years of age
and older

The **FLUORIDE DROPS AND TABLETS** are **FREE**. The Cabinet for Health Services provides these free fluoride supplement supplies to local health departments, dentists, and physicians for distribution to preschoolers. More information may be obtained from your local health department or:

Kentucky Oral Health Program
Cabinet for Health Services
Department for Public Health
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